

**Wushu (Kung-Fu) DVD/VCD**

<b>Title</b>		<b>Author</b>	<b>Time</b>	<b>EURO</b>
12 Meridians Healing Qigong (DVD)		Montaigue, Erle		49,94
18 Step Harmony Style Tai Chi (DVD)		Ni Maoshing/Argentieri M.		34,90
188 Simple Mandarin sentences (DVD)	Mandarin version	Chen Ling	TT 59:00	39,90
24-Form Mulan Bare Hands (DVD)	Mulan Quan Healing System	Yuan, Alice Liping	60 min	37,50
24-Form Mulan Single Fan (DVD)	Mulan Quan Healing System	Yuan, Alice Liping	57 min	37,50
32 Step Tai Chi sword		Jiang Jian-ye	85 min	45,00
60 Minutes to Ch.Mandarin conversation	with hanyu pinyin in biling.Eng-Cant.DVD	Tien Men	TT 60:00	39,90
8-Form Mulan Qigong	Mulan Quan Healing System	Yuan, Alice Liping	75 min	37,50
Actual Combat in Trad.Yong Chun Quan DVD	Train.of Shoulder-hand,Foot,Elbow & Knee	Mai Yaoming	54:30	16,95
Actual Combat in Trad.Yong Chun Quan DVD	Footwork Training (Chin-Eng sub.)	Mai Yaoming	50:40	16,95
Actual Combat in Trad.Yong Chun Quan DVD	Palm Technique Training (Chin-Eng sub.)	Mai Yaoming	110:30	16,95
Acupuncture for Allergic Rhinitis (DVD)	With 34 pages Booklet	Le Shuhe	41 min	39,95
Advanced Knife Fighting (DVD)		Montaigue, Erle		49,95
Advanced Push Hands, vol.1 (DVD)		Montaigue, Erle		49,95
Advanced Wing Chun, vol.1 (DVD)		Cheung, William	28 min	39,90
Advanced Wing Chun, vol.2 (DVD)		Cheung, William	107 min	39,90
Analysis of Shaolin Chin Na (DVD) With	speed & power train.(Frensch-Span-Port.)	Yang Jwing-Ming		44,90
Appreciation of Xingyi Quan & weapon	routines-Chinese Wushu Series (Chin-Eng)	Di Guoyong	TT 53:46	16,95
Attune your body with Dao-in (DVD)	Master's series of Taoist internal arts	Ni Hua-ching	50 min	34,90
Awesome Kicking Techn.Instructional DVD		Sifu Gary Lam	45 min	42,50
Ba Duan Jin-The Octupled Brocade (DVD)	Chinese Wushu Series (Chin-Eng subtitle)	Yu Dinghai	62:00	16,95
Ba Ji Chuan with Application (DVD)	Chinese Wushu Series	Jiang Jian-ye	83 min	45,00
Backyard Wing Chun Chi-Sao Series 1(DVD)		Sifu Gary Lam	35 min	29,95
Bagua Lion Boxing-The Full Bagua Animal	Forms, vol.3 (DVD)	Montaigue, Erle		49,95
Bagua Wooden Man, vol.1 (DVD)		Montaigue, Erle		49,95
Bagua Zhang Kung Fu, vol.1: Internal	palms (DVD)	Hsu, Adam	60 min	39,90
Bagua Zhang Kung Fu, vol.2: Eight chan-	ging palms (DVD)	Hsu, Adam	60 min	39,90
Bagua Zhang Kung Fu, vol.3: Linking fo-	rest penetrating palms (DVD)	Hsu, Adam	60 min	39,90
Baguazhang-Emei Baguazhang 1,2 & 3 (DVD)	Learn the Legendry 8 Trigrams Palm	Liang Shou-Yu	180 min	85,00
Bai Mao Nu-White-haired Girl (2 VCDs)	China Classical Peking Opera	Shi Zhong Qin		14,90
Balancing Gong-Impr.Your Health w.Simple	Qigong Exercises (DVD)	Tse, Michael		49,95
Basic push hands (DVD)		Montaigue, Erle	60 min	49,95
Beifang Qi Taiji Zhang-Northern Energy	Tai Chi Cane (DVD)	Bouchard, James		44,90
Biu Jee-Instructional DVD by Gary Lam	The Third Form of Wing Chun	Sifu Gary Lam	50 min	59,95
Bruce Lee's fighting methods:Basic trai-	ning & self-defence techniques (DVD)	Wong, Ted/Bustillo R.	55 min	39,90
Bruce Lee: The lost interview (DVD)	interview w.Bruce's teacher/screen test		90 min	34,90
Cai Li Fo Kungfu Series (DVD - NTSC)	Basic techniques	Chan Yong Fa	80 min	16,95
Cai Li Fu Kungfu Series (DVD - NTSC)	Yin-Yang broadsword VS sword	Chen Yong Fa	90 min	16,95
Cao Zhong cheng xiang-Weighing Elephant	Cartoon (VCD)			12,95
Chair Tai Chi-Traditional 5 style (DVD)		Shifu Jiang Jian-Ye	118 min	55,00
Chen Style New Frame 1st Routine, part 1	83 Forms with Applications (DVD)	Jiang Jian-ye	120 min	49,90
Chen Style New Frame 1st Routine, part 2	83 Forms with Applications (DVD)	Jiang Jian-ye	120 min	49,90
Chen Style New Frame 1st Routine, part 3	83 Forms with Applications (DVD)	Jiang Jian-ye	120 min	49,90
Chen Style New Frame 2nd Routine, part 1	71 Forms-Trad.Chen Village (DVD)	Jiang Jian-ye	123 min	49,90
Chen Style New Frame 2nd Routine, part 2	71 Forms-Trad.Chen Village (DVD)	Jiang Jian-ye	123 min	49,90
Chen Style New Frame 2nd Routine, part 3	71 Forms-Trad.Chen Village (DVD)	Jiang Jian-ye	120 min	49,90
Chen Style Tai Chi Competition Form 1	(DVD)	Jiang Jian-ye	121 min	49,90
Chen Style Tai Chi Competition Form 2	(DVD)	Jiang Jian-ye	116 min	49,90
Chen style Taijiquan practical method	1st Routine yilu-Basic instructions(DVD)	Chen Zhonghua	58 min	54,90
Chen style Taijiquan practical method	1st Routine yilu-Detailed instruct.2 DVD	Chen Zhonghua		64,90
Chen style Taijiquan practical method	system foundations (VCD)	Chen Zhonghua	37 min	OOS
Chen Taijiquan (DVD)	Lao Jia Yi Lu & Straight Sword	Ren Guangyi	90 min	44,90
Chen-style Taiji double swords and Chen-	style Taiji 13-form cudgel (DVD - NTSC)	Chen Zheng Lei		19,95
Chen-style Taiji Quan new frame rout.1	(DVD - NTSC) Chin-Eng subtitle	Chen Zheng Lei	69:03	29,90
Chen-style Taiji Quan old frame I	(2DVDs - NTSC)	Chen Zheng Lei	Set/2DVD	39,95
Chen-style Taiji Quan old frame II	(DVD - NTSC)	Chen Zheng Lei	TT 90:00	19,95
Chen-style Taiji single sword (DVD-NTSC)		Chen Zheng Lei	TT 84:00	19,95
Cheng Man Ching Tai Chi-The 37 Step Form	(DVD)	Peters, Mark	80 min	34,90
Chi Gung - opening the energy gates of	the body (DVD)	Frantzis, Bruce Kumar	67 min	29,95
Chi Gung: The marriage of Heaven & Earth	(DVD)	Frantzis, Bruce Kumar	82 min	29,95
Chi Sao Revealed (DVD)		Cheung, William	62 min	39,90
Chin Na in Depth 1-4 (DVD)Seminar Series	Dutch-French-Span-Ital-Portug.subtitle	Yang Jwing-Ming	117 min	79,90
Chin Na in Depth 5-8 (DVD)Seminar Series	Dutch-French-Span-Ital-Portug.subtitle	Yang Jwing-Ming	140 min	79,90
Chin Na in Depth 9-12(DVD)Seminar Series	Dutch-French-Span-Ital-Portug.subtitle	Yang Jwing-Ming	150 min	79,90
China Yiquan, vol.1-8 (DVD)	Vol.1-6=training/7-8=Collect.Yao Zongxun	Yao Chengguang/YaoZongxun		368,00
China Zhuhai Int.Taijiquan Exchange Con-	ference-Perform.by Taiji Masters (DVD)		TT250:00	29,95
Chum Kiu-Instructional DVD by Gary Lam	The Second Form of Wing Chun	Lam, Gary	70 min	59,95
Combat Wrestling & basic Dim-Mak (DVD)		Montaigue, Erle		49,95
Compact Tai Chi for Healing inSimplified	Form 24	Tsao, Jesse		39,90
Complete System of Wooden Dummy Instruc-	tional DVD	Sifu Gary Lam	101 min	59,95

Cosmic Tour Ba Gua (DVD)	Master's Series of Taoist Internal Arts (Crane style Chi Gong)	Ni Hua-Ching	55 min	34,90
Crane Chi Gong (DVD-120 minutes)	Horn Knives)	Ni Daoshing	120 min	34,90
Deer Horn Knives (DVD Complete with Deer	Instruction DVD	Liang, Helen		125,00
Devastating Chi-Sao Crossing Hand Sys.1	Instruction DVD	Sifu Gary Lam	89 min	52,50
Devastating Chi-Sao Crossing Hand Sys.2	(DVD)	Sifu Gary Lam	58 min	52,50
Dim-Mak for Law Enforcement Officers	The Erle Montaigue system, vol.4(100min)	Montaigue, Erle	110 min	49,95
Dim-Mak intricacies, vol.2 (DVD)	Chinese Wushu Series	Montaigue, Erle	85 min	49,95
Dim-Mak intricacies, vol.3 (DVD)	Dutch-French-Span-Ital-Portug.subtitle	Montaigue, Erle	85 min	49,95
Dim-mak intricacies, vol.4 (DVD)	vol.5 (DVD)	Montaigue, Erle	100 min	49,95
Eight Diagrams Palm (DVD) Eng-Chin sub.	Chinese Wushu Series	Yu Hongqin	52:48	16,95
Eight simple Qigong-The 8 brocade (DVD)		Yang Jwing-Ming	145 min	39,90
Erle Does It, vol.1 (DVD)		Montaigue, Erle		49,95
Erle Montaigue's Master Teaching Classes		Montaigue, Erle		49,95
Essence of Taiji Qigong (DVD)		Yang Jwing-Ming	105 min	44,90
Five Animal Sports Qigong (DVD)		Yang Jwing-Ming	180 min	44,90
Five Animals Play (DVD)	Chinese Wushu Series	Yu Din Hai	83:35	16,95
Follow me-Practical healthcare self-mas-	sage along meridians & acupoints (VCD)	Wang Chuangui		14,90
Follow Me-Simplified 24-Form Taijiquan	2 VCD's with Eng.& Chin.(Incl.Poster)	Zhang Jie		24,90
Grandmaster Cheung's Wing Chun Kung Fu	(DVD)	Cheung, William	90 min	OR
Grandmaster Yip Chun's seminar tape SD-1	Chi-Sau techn.-Orig.Wing Chun (DVD)	Yip Chun	152 min	69,50
Grandmaster Yip Chun's seminar tape SD-2	Wooden dummy & Bart-Cham-Do (DVD)	Yip Chun	203 min	69,50
Harmony Tai Chi Short Form (DVD)		Ni Maoshing		OR
Health massage-DVD Video	English/Cantonese/Mandarin	Chen C.L.	TT 45:00	39,90
Hong se niang zi jun-Red Detachment of	Women (2 VCDs)	Liu Q.T.		14,90
Hou zi lao yue-How the Monkey Fished for	the Moon-Cartoon (VCD)			12,95
How to use Taiji & Bagua for self-defen-	ce, vol.1 & 2 (DVD)	Montaigue, Erle		59,90
Hung Gar Kung Fu, vol.1 (DVD)		Kong, Bucksam	57 min	39,90
Hung Gar Kung Fu, vol.2 (DVD)		Kong, Bucksam	57 min	39,90
Hung Gar Kung Fu, vol.3 (DVD)		Kong, Bucksam	57 min	39,90
Hung Gar Kung Fu, vol.4 (DVD)		Kong, Bucksam	57 min	39,90
Hung Gar Kung Fu, vol.5 (DVD)		Kong, Bucksam	58 min	39,90
Hunyuan Qigong-Grandmaster Feng Zhi-	qiang's 12-form by Chen Zhonghua (DVD)	Chen Zhonghua	58 min	49,90
Hunyuan world seminars 2004 (DVD)		Chen Zhonghua		29,90
Internal Power Training Method-Trad.Chen	Family w.Bare-hand,Staff & Equipm. (DVD)	Jiang Jian-ye	93 min	55,00
Introductory Hung Gar and Arrow Hand-DVD	Unlock the secrets of Hung Gar	Sifu Wing Lam		39,95
Lijiang old town (Chin-Eng edition) VCD	Set of 2 VCDs			14,90
Long-style Boxing (DVD) Chin-Eng subt.	Chinese Kungfu Series-Int.Compet.Routin.	Liu Z.J.		18,95
Longevity Breathing - Learn to Improve	Lung Capacity,Massage Intern.Organs(DVD)	Frantzis B.K.	90 min	34,95
Longevity Chair Qi Gong (DVD)		Shifu Jiang Jian-Ye	122 min	55,00
Mastering Wing Chun-Keys to Ip Man's KF	Chum Kiu (Seeking the Bridge) DVD	Kwok, Samuel		OR
Mastering Wing Chun-Keys to Ip Man's KF1	Siu Lim Tao (Little Idea) DVD	Kwok, Samuel		29,95
Mastering Wing Chun-Keys to Ip Man's KF2	Chum Kiu (Seeking the Bridge) DVD	Kwok, Samuel		29,95
Mastering Wing Chun-Keys to Ip Man's KF3	Biu Gee (Thrusting Fingers) DVD	Kwok, Samuel		29,95
Mastering Wushu (DVD)		Jiang Bangjun		34,90
Medical Taiji, vol.1 (DVD)		Montaigue, Erle		49,95
Meditatief lopen-Beleving, verbindig en	verstillig door beweging (DVD)	Wessels, Martin	60 min	25,00
Moments of Magic, vol.1 (DVD)		Montaigue, Erle		49,95
Moxibustion & Cupping Techniques (DVD)	With 34 pages Booklet	Xu Hengze/Xu Lanfeng	41 min	39,95
Northern Shaolin Sword-Sequences & Mar-	tial Applications (DVD)	Yang Jwing Ming	90 min	69,90
Original Boxing Tree of Trad.Shaolin KF:	Routine I of Da Hong Quan(2 DVDs - NTSC)	Shi De Yang	Set/2DVD	29,95
Original Boxing Tree of Trad.Shaolin KF:	Bodhidharma Channel-chang.Script.(2 DVDs	Shi De Yang	TT 92:00	29,95
Original Boxing Tree of Trad.Shaolin KF:	Shaolin elementary Changquan (DVD-NTSC)	Shi De Yang		16,95
Original Boxing Tree of Trad.Shaolin KF:	Shaolin fire cudgel (DVD - NTSC)	Shi De Yang	TT 51:00	16,95
Original Boxing Tree of Trad.Shaolin KF:	Shaolin Pu broadsword (DVD - NTSC)	Shi De Yang	TT 44:30	16,95
Original Boxing Tree of Trad.Shaolin KF:	Shaolin basic skills (DVD - NTSC)	Shi De Yang	TT 49:00	16,95
Original Boxing Tree of Trad.Shaolin KF:	Shaolin Ba Duan Jin (DVD - NTSC)	Shi De Yang	TT 50:55	16,95
Original Boxing Tree of Trad.Shaolin KF:	Dragon springs sword (DVD - NTSC)	Shi De Yang	TT 61:10	16,95
Original Boxing Tree of Trad.Shaolin KF:	Shaolin Fengmo cudgel (DVD - NTSC)	Shi De Yang	TT 45:00	16,95
Original Boxing Tree of Trad.Shaolin KF:	Shaozi cudgel (DVD - NTSC)	Shi De Yang	TT 55:00	16,95
Original Boxing Tree of Trad.Shaolin KF:	Shaolin single broadsword (DVD - NTSC)	Shi De Yang	TT 62:00	16,95
Original Boxing Tree of Trad.Shaolin KF:	Yin-hand cudgel (DVD - NTSC)	Shi De Yang	TT 60:00	16,95
Original Boxing Tree of Trad.Shaolin KF:	18 Methods of trad.Shaolin Kungfu (DVD)	Shi De Yang	TT 46:30	16,95
Original Boxing Tree of Trad.Shaolin KF:	Appreciation of Shaolin Kungfu (3 DVDs)	Shi De Yang	TT 149:50	39,95
Original Boxing Tree of Trad.Shaolin KF:	Xiao Hong Quan (2 DVDs)(Chin-Eng-Fr-Span	Shi De Yang	TT 268:00	29,95
Path to Sparring, vol.1 (DVD)		Cheung, William	54 min	39,90
Path to Sparring, vol.2 (DVD)		Cheung, William	60 min	39,90
Peng's Yong Chun Quan (Wing Chun) DVD	Xiao Lian Tou (Mandarin w.English subt.)	Peng Shusong		16,95
Peng's Yong Chun Quan (Wing Chun) DVD	Seeking Bridge(Mandarin w.English subt.)	Peng Shusong		16,95
Peng's Yong Chun Quan (Wing Chun) DVD	Biao Zhi (Mandarin w.English subtitle)	Peng Shusong		16,95
Peng's Yong Chun Quan (Wing Chun) DVD	Wood-figure stake(Mandarin w.English sub	Peng Shusong		16,95
Peng's Yong Chun Quan (Wing Chun) DVD	6 Touch1/2-stick/Butterfly doub.falchion	Peng Shusong		16,95
Physical Side, vol.18 (DVD)		Montaigue, Erle		49,95
Power Breathing for Life (DVD)	Gentle-, Power-, Healing Breathing	Kim, Sang H.		29,95
Practical Mandarin course (DVD)	Mandarin version	Wu J.M./Yiu K.M./Wan L.	TT 60:00	39,90
Push hands self-defence (DVD)		Montaigue, Erle	65 min	49,95
Push hands, vol.7 (DVD)		Montaigue, Erle	65 min	49,95
Pushing-hands for Practical Combat in	Trad.Zhaobao Taijiquan (DVD)Eng-Chin sub	Wang Chang'an	105:00	16,95

Qi disruption Wudang form no.10: vol.1	Stillness form (DVD)	Montaigue, Erle	49,95
Qi disruption Wudang form no.10: vol.2	Stillness form (DVD)	Montaigue, Erle	49,95
Qi Gong for weight loss (DVD)	Qi Gong forms with meridians	Jiang Jian-ye	55,00
Qigong by Ken Cohen (DVD)-Trad.Chinese	exercise for healing body, mind & spirit	Cohen, Ken	79 min OR
Qigong Essentials: Eight Piece Brocades	(DVD)	Tsao, Jesse	60 min 39,90
Qigong Massage-Fundamental Techniques	for Health & Relaxation (DVD)	Yang Jwing-Ming	220 min 55,00
Quintessence Series of Da Cheng Quan	Footwork & Push Hands (DVD) Eng-Chin sub	Huang Jingwen	57:27 16,95
Quintessence Series of Da Cheng Quan	Trial Force	Huang Jingwen	57:30 16,95
Quintessence Series of Da Cheng Quan	Actual Combat (DVD) Eng-Chin sub	Huang Jingwen	115:00 16,95
Quintessence Series of Da Cheng Quan	Releasing Force (DVD) Eng-Chin sub	Huang Jingwen	55:40 16,95
Quintessence Series of Da Cheng Quan	Stand Piling (DVD) Eng-Chin sub	Huang Jingwen	57:00 16,95
Quintessence Series of Yi Quan (DVD)	Break Hand & Vivacious Dance of Yi Quan	Wang Yongxiang	45:00 16,95
Quintessence Series of Yi Quan (DVD)	Piling for Life Enhancement (Chin-Eng)	Wang Yongxiang	48:00 16,95
Quintessence Series of Yi Quan (DVD)	Int.& Ext. Contrad.Force & Releas.Force	Wang Yongxiang	58:00 16,95
Real Chin.Trad.Shaolin Kung Fu: Shaolin	Baji Quan (DVD) Chin-Eng subtitle	Shi Deci	56:39 16,95
Saber-Fundamental Training (DVD)	Solo Drills & Matching Practice	Yang Jwing-Ming	191 min 44,90
Secret Hands of Wing Chun"Pho Phai"(DVD)		Sifu Gary Lam	30 min 29,95
Secret Yang Houses, vol.1 (DVD)		Montaigue, Erle	49,95
Selected Trad.Yang-Style Taijiquan (DVD)	Chinese Wushu Series (Chin-Eng subtitle)	Ding Shuide	117:00 19,95
Self taught Tai chi Chuan Ng(Wu) style	Tri-lingual:English/Canton./Mandarin DVD	Master Wong Bum-lok	TT 53:00 39,90
Seminar: The Philosophy of Wing Chun	Fighting (DVD)	Sifu Gary Lam	95 min 42,50
Seminar: Wing Chun Fighting Strategy	DVD	Sifu Gary Lam	110 min 35,00
Shang-Style Xingyi Quan Series: Trad.	Xingyi Liuhe Sword (DVD) Chin-Eng subtit	Li Hong/Xu H.L.(tr)	49:00 16,95
Shang-Style Xingyi Quan Series: Xingyi	Linked Sword (DVD) Chin-Eng subtitle	Li Hong/Xu H.L.(tr)	60:00 16,95
Shaolin Arhat Boxing (DVD) Chin-Eng subt	Chinese Wushu Series	Zhang Shijie(Yong Jie)	TT 62:00 16,95
Shaolin Eagle Claw Boxing (DVD) Chin-Eng	Chinese Wushu Series	Fan Lingling	TT 62:00 16,95
Shaolin Jin'gang Boxing (DVD) Chin-Eng	Chinese Wushu Series	Zhang Shijie(Yong Jie)	TT 62:00 16,95
Shaolin Kung Fu-Fundament.training (DVD)	Eng-French spoken(French-Span-Port.subt.	Yang Jwing-Ming	TT180:00 64,90
Shaolin Long Fist Kung Fu-Intermediate	Sequences (DVD)	Yang, Nicolas C.	180 min OR
Shaolin Long Fist KungFu-Basic Sequences	(DVD) French-Span-Portug-Eng.subtitle	Yang Jwing-Ming	240 min 69,90
Shaolin Saber-Basic Sequences (DVD)	Qi Xing Dao & Bagua Dao	Yang Jwing-Ming	180 min 44,90
Shaolin Staff-Basic Sequences (DVD)	Qi Mei Gun & Qi Mei Dui Gun	Yang Jwing-Ming	180 min 44,90
Shaolin Temple Kung Fu: Black Tiger Form	DVD	DeMasco, Steve	57 min 39,90
Shaolin Temple Kung Fu: Crane Form-DVD		DeMasco, Steve	57 min 39,90
Shaolin Temple Kung Fu: Dragon Form-DVD		DeMasco, Steve	53 min 39,90
Shaolin Temple Kung Fu: Leopard Form-DVD		DeMasco, Steve	52 min 39,90
Shaolin Temple Kung Fu: Snake Form-DVD		DeMasco, Steve	52 min 39,90
Shaolin White Crane Gong Fu 1 & 2 (DVD)	Basic training-French-Span-Ital-Port sub	Yang Jwing-Ming	150 min 69,90
Shaolin White Crane Gong Fu 3 & 4 (DVD)	Basic training-French-Span-Ital-Port sub	Yang Jwing-Ming	240 min 69,90
Shaolin White Crane Hard & Soft Qigong	(DVD) French-Span-Portugese subtitle	Yang Jwing-Ming	170 min 69,90
Shu fa xue xi yu chuang zuo-Studying &	Practicing Calligraphy (2 VCDs)	Liu Hong Zhi	32,50
Silk reeling: 18 postures for all Tai	Chi Chuan (DVD) 121 minutes	Shifu Jiang Jian-ye	121 min 45,00
Simple Qigong Exercise for Back Pain	Relief (DVD)	Yang Jwing-Ming	95 min 34,90
Simple Qigong Exercises for Arthritis	Relief (DVD)	Yang Jwing-Ming	70 min 34,90
Simplified Tai Chi Chuan-24 forms DVD	Cantonese/Mandarin/English	Wong Jin Bao	TT 55:00 39,90
Simplified Tai Chi Chuan-Simpl.24 Post.	w.Applications/Standard 48 Postures(DVD)	Liang Shou-yu	150 min 34,95
Siu Nim Tao 1 & 2 (DVD)		Sifu Gary Lam	123 min 59,95
Southern Boxing-Nan Quan (DVD)	Chin-Eng sub.	He Qiang	59:33 16,95
Sunrise Tai Chi (DVD) Awaken, Heal &	Strengthen Your Mind, Body & Spirit	Rones, Ramel	220 min 34,90
Sunset Tai Chi-Relax & Recharge YourMind	Body & Spirit (DVD)	Rones, Ramel	220 min 34,90
Sword-Fundamental Training (DVD)	Solo Drills & Matching Practice	Yang Jwing-Ming	220 min 44,90
Tai Chi Chen Style-36 Forms (DVD)		Dr.Lam, Paul	100 min OR
Tai Chi Chuan Yang Style 48 forms-DVD	English/Cantonese/Mandarin	Qian Yuan Ze	TT 57:00 39,90
Tai Chi Connections (DVD)	Advancing Your Tai Chi Experience	Loupos, John	185 min 35,00
Tai Chi Energy Patterns (DVD)	Until No Shape, No Shadow, No Form	Rones, Ramel	385 min OR
Tai Chi Fan (DVD)		Peters, Mark	65 min 37,50
Tai Chi Feather Sword (DVD)		Sickle, Ken van	81 min OOS
Tai Chi fighting set: 2-Person matching	set (DVD)	Yang Jwing-Ming/Plee P.	122 min 55,00
Tai Chi for Arthritis, vol.2-Sequel of	Tai Chi for Arthritis (DVD)	Dr.Lam, Paul	65 min 29,90
Tai Chi for Arthritis-Helps to Relieve	Pain & Stiffness (DVD)	Dr.Lam, Paul	80 min 29,90
Tai Chi for Back Pain (DVD)-Also for	Wheelchair Bound & Other Chronic Condit.	Dr.Lam, Paul	120 min 29,95
Tai Chi for Beginners-Begin Your Journey	to Better Health w.Six Easy Steps (DVD)	Dr.Lam, Paul	90 min 29,90
Tai Chi for Health:Yang Short Form (DVD)	Incl.step-by-step multi-angle instruct.	Dunn, Terence	120 min 29,95
Tai Chi for Older Adults (DVD)-Design	Spec.for Older Adults to Improve Fitness	Dr.Lam, Paul	110 min 29,90
Tai Chi for weight loss-Health Preserva-	tion Series-Chen,Yang,Sun & Wu Tai Chi	Jiang Jian-ye	120 min 55,00
Tai Chi Qigong for Health (DVD)-Learn Ancient	Chin.Breath.Exercise for Better Health	Dr.Lam, Paul	60 min 29,90
Tai Chi Seniors, vol.1 (DVD)		Sickle, Ken van	43 min OOS
Tai Chi Seniors, vol.2 (DVD)		Sickle, Ken van	73 min OOS
Tai Chi Sword (DVD)		Ni Maoshing	34,90
Tai Chi-42 Sword Forms (DVD)		Dr.Lam, Paul	95 min OR
Tai Chi-The 24 forms (DVD)	Step-by-step Instruc.of Best Known Forms	Dr.Lam, Paul	120 min 29,90
Tai Chi-The 32 Sword Forms (DVD)	Step-by-step Instructions	Dr.Lam, Paul	95 min 39,90
Tai Chi-The Combined 42 Forms, vol.1 & 2	(DVD)	Dr.Lam, Paul	150 min OR
Tai Chi-Sun Style 73 Forms (DVD)	Characterised by Powerful Qigong Exerci-	Dr.Lam, Paul	95 min 39,90
Taiji & Shaolin Staff-Fundamental Trai-	ning & Matching Practice (DVD)	Yang Jwing-Ming	180 min 44,90
Taiji 37 Postures Martial Applications	(DVD)	Yang Jwing Ming	180 min 44,90
Taiji Ball Qigong Courses 1 & 2 (DVD)	16 Circling & 16 rotating patterns	Yang Jwing-Ming	180 min 44,90

Taiji Chin Na-Seizing Art of Taijiquan	(DVD)	Yang Jwing Ming	375 min	OR
Taiji healing & iron shirt Qigong (DVD)		Montaigue, Erle	120 min	49,95
Taiji intricacies, vol.1: Advanced Yang	Cheng-Fu form (DVD)	Montaigue, Erle		49,95
Taiji Kung Fu Fan, vol.1 & 2 (VCD)	Mandarin spoken	Li Deyin	121 min	19,90
Taiji pushing hands, vol.1 & 2 (DVD)	Yang style single & double pushing hands	Yang Jwing-Ming	180 min	44,90
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